



FILE- Counselors speak to students at career fair. Image/COD Newsroom

RECOGNIZING STUDENT MENTORS FOR NATIONAL SCHOOL COUNSELORS' WEEK

By Victoria Maranan | February 6, 2018 @11:49 AM

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NATIONWIDE — Transitioning from elementary, middle to high school and, eventually, college would be even more stressful without the help of a special educator — school counselors.

That's why schools nationwide set aside a week in February as National School Counselors Week to show their appreciation.

The [American School Counselor Association](#) came up with the week-long event. Nationwide, it is celebrated through something as big as a school pep rally, a city proclamation, or something as small and thoughtful as sending small notes or certificates.

**THANK YOU,
SCHOOL COUNSELORS**



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School counselors are behind-the-scenes school heroes: supporting students and families – making a difference in their lives. [#NSCW18](#)

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The Texas Counseling Association said the role of school counselors is quite unique. Aside from being teachers, they also help students plan their curriculum, get ready for college, and are often a shoulder to cry on when students are facing difficulties. That could be anything from issues in school, at home, or trauma from current events, like natural disasters and school violence.

"With events like Harvey, Sutherland Springs, or, really, this flu epidemic, what we've done a lot in the school counseling profession is to create developmental skills and provide support to students throughout the foundation of their schooling," explained TCA's Ernest Cox. "So that, when they're meeting a level of adversity, they are able to respond."

The association also emphasized the need of more school counselors in Texas. To do that, one must have at least 2 years teaching experience and a masters degree in guidance counseling.